



Bristol Early Years

Teaching School Alliance



Continued Professional Development Programme

2018-2019



Foundations to Effective Practice in the EYFS

Quality interactions and reflective practice in the Early Years Foundation Stage (EYFS)	06
Embedding the Characteristics of Effective Learning across your School or Setting (EYFS)	06
New to Early Years Foundation Stage (EYFS)	06
Understanding the HOW and the WHY of Continuous Provision in the Reception Class	07
Principles and Guidance for Effective Assessment	07
Listening to Babies	07
Curious Twos	07
Understanding the Crucial Role of the Key Person	07

Deepening your Practice Further in the Early Years

Amazing Communicators (From Birth to 4yrs)	08
Amazing Communicators in the Reception Class	08
Amazing Story Tellers	08
Early Movers, Early Writers	08
Igniting Writing – Practical Ideas for your classroom or nursery	08
Planning and Interpreting Children’s Learning to Inform Next Steps	09
Sparking Creative Thinking and Planning for Challenge in the EYFS	09
An Introduction to Forest Experience Level 1	09
Forest Level 3	09
Paediatric First Aid with Outdoors Course	10
Igniting Learning in the Outdoors	10
Expressive Arts & Design	10
What does a culture of “open” mathematics look like?	10
Using open ended wooden blocks to extend and enhance imaginative play	10

Developing your Inclusive Practice in the Early Years

Supporting the Achievement of Children with English as an Additional Language	11
Interpreting British Values: “We have more in common than that which divides us”	11
Exploring Gender Stereotyping in the Early Years	11
Developing Strategies to Support Children’s Behaviour	11
Introduction to working with children with Special Educational Needs and Disabilities (SEND)	12



Staff Development and Leadership in the Early Years

Supervision Training	13
Using your Data to Narrow the Achievement Gap	13
Developing your team: growing leadership potential	13
Food for Thought: Developing Healthy habits for food and feeding	13
Apprentice Support Programme	14
Mindfulness for Stress Reduction	14
Perspectives of Outdoor Play - MA Education - in partnership with Bath Spa University	14

Visiting National Trainers and Facilitators

Pete Moorhouse

Insights from Early Years Practice in New Zealand	15
Introducing Woodwork in Early Years Education	15
Learning from Reggio Emilia	15

Anna Ephgrave

In the Moment Planning	16
------------------------	----

Julie Fisher

Interacting or Interfering?	17
-----------------------------	----

Lucy Driver

Mediation in the Workplace	18
----------------------------	----

National Study Days

National Study Days	19
National and International Study Tours	19



“There is, I believe, actually nothing more powerful to say about education than this: that all people, however young or old, have an enormous drive and capacity to learn;.....that the most effective teachers trust learners, enhance their self-esteem, have no need to control them, provide an unconditional support which doesn’t go too far; and value all types of intelligence in all areas of learning”

- Paul Ginnis (Freethinkers Guide to the Educational Universe – Jan ‘94)

The Bristol Early Years Teaching School Alliance (Originally established as BEYTC - Bristol Early Years Teaching Consortium) is a hub for Early Years settings and Primary Schools who wish to collaborate, learn together, question, challenge and innovate to improve provision and achievement for our youngest learners. We have great ambition.

It is led by St Pauls Nursery School and Children’s Centre, who was awarded National Teaching School status in 2012 and is judged as outstanding by Ofsted.

Key alliance members include Bristol Local Authority EYs team, all 9 other Bristol Nursery Schools and Bath Spa University.

We also work in very close collaboration with local Teaching Schools: Bristol Primary Teaching School Alliance, CLF Institute, and Cathedral Schools Trust Teaching School Alliance to develop an aligned and robust offer to EYs Settings and Schools which best meet the local, regional and national priorities.

Our aim is to constantly evolve – promoting, sharing, celebrating and learning from exciting great practice as well as championing new learning and thinking. We hope to bring together EYs settings and schools to build sustainable improvement, and we are always looking to extend our partnership working and expand or deepen our alliance.



Our focus is to develop sector led improvement through innovation, collaboration partnership, most specifically in the 3 areas that are required of National Teaching Schools:

1. To support, through partnership and collaboration...co-ordinating and providing high-quality school-led initial teacher training (ITT);
2. providing high-quality school-to-school support to spread excellent practice, particularly to schools that need it most;
3. providing evidence-based professional and leadership development for teachers and leaders across their network.

To ensure a self-improving, school-led system, teaching schools are required to operate by the following principles of effective delivery, accountability, systems leadership, engagement and continuous improvement.

Underpinning all our work is our commitment to:

- The rights of the child
- Child led learning and learner-centred leadership
- Professional learning, embedded in research and based on reciprocity and joint practice development, to develop knowledge and skill and build capacity
- Developing a democratic community for leaders at all levels that is reflective, self-evaluative, emotionally intelligent and resilient, fostering pride and purpose
- Pushing the boundaries, taking chances, being altruistic and innovative
- Building a cultural community in which all learners can and do thrive
- Reducing inequality in educational achievement and life chances

We aspire to build collaborative, authentic, respectful and trusting partnerships in which we:

- Recognise and celebrate individual strengths
- Listen to each other
- Are committed to each other's success and the success of the wider partnerships
- Have unequivocally high-quality standards and are champions for ALL children
- Strive to develop as inquisitive, critical practitioners and lifelong learners
- Build sustainability and capacity
- Behave in a socially responsible way

The Bristol Early Years Teaching School Alliance has a leadership role in developing quality improvement across Bristol. Through strategic partnership work with the LA and innovative models of commissioning, we play a central role in quality assurance, self-evaluation, professional development and school/setting improvement for the whole EYs sector. This includes: all reception classes in Primary Schools, Nursery Schools, Nursery classes, private voluntary and independent Nurseries and childminders.

Sign up for our Newsletter

To keep in touch with us, and receive the latest information about our courses and offerings, please sign up for our newsletter.

You can sign up today at <http://beytc.co.uk/newsletter/>.

Bristol Early Years Teaching School Alliance

Professional Learning and Development 2018-2019

We are pleased to launch our 2018-2019 CPD offer, which is delivered by experienced trainers and systems leaders. Further details of each course can be found on our website, as can our booking terms and conditions. All our training involves an element of self-reflection and/or practitioner research, and requires active engagement. We hope opportunities can be provided back in participants home Early Years Settings or Primary Schools to share and embed new learning. We also support this through local Early Years Networks. Feedback from participants consistently reflects high levels of satisfaction from participants. All courses on offer include opportunities to explore the setting and certificate of attendance. Learning will be linked to the Bristol Standard self-evaluation tool where appropriate. Please see our website for course links to BS dimensions. Refreshments and materials will be provided, but attendees are asked to bring their own lunch or access local cafés during the lunch break. We look forward to welcoming you.

Browse courses online at <http://beytc.co.uk/courses/> Book your place at <http://beytc.co.uk/booking/>



Foundations to Effective Practice in the EYFS

Quality interactions and reflective practice in the Early Years Foundation Stage (EYFS)

Duration: 1 day | Cost: £60.00 | Dates: Friday 14th December 2018 (9:15am – 4:00pm) | Lead Facilitators: Lucy Driver (NLE) | Location: St Pauls

Audience: Practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This 1 day course will explore the basics of effective, authentic and meaningful interactions with children in the EYs. We will cover what makes for quality interactions: the way we use our body and voice, how we listen, pause, and reflect on children's learning with them. How we can deepen their thinking, provoke new learning and delight in the children's fascinations.

Embedding the Characteristics of Effective Learning across your School or Setting (EYFS)

Duration: 1 day | Cost: £60.00 | Dates: Friday 30th November 2018 (9:15am – 4:00pm) for Primary Schools or Friday 26th April 2019 (9:15am - 4:00pm) for PVI's, Nurseries and Childminders | Lead Facilitators: Cate Peel (SLE) and Becky Berry (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This 1 day course will explore the ways in which we can support and extend effective characteristics of learning to enable young children to become resilient, reflective lifelong learners. We will consider a philosophy which creates an inclusive learning community and inspires everyone to embrace new learning.

New to Early Years Foundation Stage (EYFS)

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 23rd October 2018 (9:15am – 4:00pm) or Tuesday 2nd July 2019 (9:15am - 4:00pm) | Lead Facilitators: Ali Carrington (SLE) | Location: St Pauls

Audience: Teachers, Practitioners, Teaching Assistants, who are new to EYFS and those who like to refresh/update their practice.

This is an introductory session to the Early Years Foundation Stage and how to make sure that children and families are at the heart of good practice. We will explore the four themes of EYFS, the Key Person role, Characteristics of Effective Learning and consider how to develop an effective learning environment to support, inspire and nurture children in their foundation years.

For full details of our courses and events, or to book online, visit <http://beytc.co.uk>.



Understanding the HOW and the WHY of Continuous Provision in the Reception Class

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 6th November 2018 (9:15am – 4:00pm) | Lead Facilitators: Ali Carrington (SLE) | Location: St Pauls

Audience: Teacher and Practitioners working with children 3-5yrs, in nursery and reception.

The purpose of an effective continuous provision is to offer children a constant environment that is safe for them to explore whilst challenging their learning. It should allow children the freedom to explore and become independent in making choices.

This course explores the principles of continuous provision and how this supports all 7 areas of learning and the characteristics of learning with children from 3-5 yrs.

There will be opportunities to consider how the role of the adult ensures the smooth running of this approach and links to *in the moment planning*.

Principles and Guidance for Effective Assessment

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 20th November 2018 or Friday 12th July 2019 | Lead Facilitators: Cate Peel and Melissa Watkins (SLE) | Location: St Pauls

Audience: Teachers and practitioners in the Early Years Foundation Stage.

This one day course will explore best practice in assessment and observation in the Early Years Foundation Stage.

Listening to Babies

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 19th March 2019 | Lead Facilitators: Rachel Pirie (SLE) | Location: St Pauls

Audience: Baby Room Leaders and Practitioners.

This one day course will explore how we tune into our youngest learners to hear and interpret their voices, to enable them to grow, learn and thrive in our settings.

Curious Twos

Duration: 1 day | Cost: £10.00 Booking Fee Only | Dates: Tuesday 5th February 2019 (9:30am - 4:00pm) or Friday 21st June 2019 (9:30am - 4:00pm) | Lead Facilitators: Rachel Pirie (SLE) | Location: St Pauls

Audience: Teacher and Practitioners working with two year olds.

This course will explore how we can tune in to our two year olds so that we can understand and interpret their actions, then plan effectively for cognitive challenge.

Understanding the Crucial Role of the Key Person

Duration: Half day | Cost: £40.00 | Dates: Thursday 15th November 2018 (1:00pm - 4:00pm) | Lead Facilitators: Cate Peel (SLE) | Location: St Pauls

Audience: Practitioners, childminders and teachers working in the Early Years Foundation Stage (EYFS).

This half day session is an opportunity to deepen your understanding of the importance of the relationship between key person, child and their family.



Amazing Communicators (From Birth to 4yrs)

Duration: 2 days | Cost: £100.00 | Dates: Tuesday 15th January 2019 (9:15am - 4.00pm) and Tuesday 12th February 2019 (9:15am- 4:00pm) | Lead Facilitators: Ali Carrington (SLE) and Jet Davis (SLE) | Location: St Pauls

Audience: Leaders, practitioners and teachers working in the Early Years Foundation Stage (EYFS).

This is an exciting CPD opportunity to develop your understanding and practice of supporting early communication and language in the Early Years. The programme is designed to include 2 days delivery, and a practitioner led action research project being led by participants in their home settings.

Amazing Communicators in the Reception Class

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 5th March 2019 (9:15am – 4:00pm) | Lead Facilitators: Jet Davis (SLE) and Ali Carrington (SLE) | Location: St Pauls

Audience: EYFS coordinators, Teachers and TAs in Reception Classes

This one day course explores how early language and communication skills develop in the EYFS and will enable teachers to use this knowledge to support the development of oracy and literacy in your reception class.

Amazing Story Tellers

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 26th March 2019 (9:15am – 4:00pm) or Tuesday 11th June 2019 (9:15am - 4:00pm) | Lead Facilitators: Jet Davis (SLE) and Sophie Nicholls (ITE Leader) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This one day course will develop your understanding and expertise in engaging all children in storytelling to support communication, language, literacy and personal and social development.

Early Movers, Early Writers

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 7th May 2019 (9:15am – 4:00pm) | Lead Facilitators: Rachel Pirie (SLE) and Ali Carrington (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This one day course will explore how children's physicality and movement links to well-being and development across all areas of learning. There will be opportunities to reflect on the physical skills that support mark making and writing, planning to encourage active learning and how to foster positive attitudes towards being physically active for life.

Igniting Writing – Practical Ideas for your classroom or nursery

Duration: Half day | Cost: £40.00 | Dates: Tuesday 4th December 2018 (1:00pm – 4:00pm) or Thursday 14th March 2019 (1:00pm - 4:00pm) | Lead Facilitators: Ali Carrington (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers, support staff and childminders working with 3-5 year olds.

This course will explore how children at the very beginning of their journey to become a confident writer can be enthused and encouraged to write through meaningful experiences and interactions with adults. There will be opportunities to reflect on what best practice looks like for early mark making and emergent writing that links to letters and sounds and encourages all children to become authors.



Planning and Interpreting Children's Learning to Inform Next Steps

Duration: 1 day | Cost: £60.00 | Dates: Friday 7th December 2018 (9:15am- 4:00pm) | Lead Facilitators: Cate Peel (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This one day course will explore how practitioners observe and understand what they are thinking and questioning as they consider young children's explorations. It will encourage them to think beyond how they resource the 'next steps of learning' to become better partners and researchers in children's learning. We will consider how planning can best reflect children's interests and challenge their learning.

Sparkling Creative Thinking and Planning for Challenge in the EYFS

Duration: 1.5 days | Cost: £85.00 | Dates: Tuesday 4th June 2019 (9:15am- 4:00pm) and Tuesday 9th July 2019 (12:30pm - 4:00pm) | Lead Facilitators: Robin Taylor and Cate Peel (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This one and a half day course explores how we support children's creative thinking by creating a culture of provocation, challenge, aiming high and wanting more! We will consider how our own interactions support children to explore their own learning intentions, build on their current interests and communicate their ideas.

An Introduction to Forest Experience Level 1

Duration: 3 days | Cost: £160.00 | Dates: 6th March 2019 and 3rd April 2019 with one other day in-between to be arranged with participant | Lead Facilitators: Jeanette Hill (Associate Head) and Steph Ager (EY Practitioner) | Location: Redcliffe

Audience: All teachers and early years practitioners working in the Early Years Foundation Stage (EYFS) with children from birth to 5 years.

This course will develop your confidence and increase your knowledge and skills in how to support an outdoor experience in a wild, unstructured environment. This is an accredited course and you will receive a Nationally recognised qualification.

Forest Level 3

Duration: 5 days | Cost: Please contact office@fsl.co.uk or call 01242 602476 for costs and a booking form | Dates: 30th April 2019, 7th May 2019, 15th May 2019, 21st May 2019 and 4th June 2019, with Skills Days on 16th September 2019 and 17th September 2019 | Lead Facilitators: Forest Schools Learning Initiative | Location: Redcliffe

Audience: All teachers and early years practitioners working in the Early Years Foundation Stage (EYFS) with children from birth to 5 years who want to lead Forest Schools



Forest School Learning Initiative is delighted to extend the provision of Forest School Leader Training in Bristol to enable more practitioners to lead Forest School Sessions in their settings. Forest School is a long-term holistic learning process that aims to raise self-awareness and self-esteem in participants. Regular sessions take place in a woodland environment, where the landscape itself adds to the experience of learning. Qualified practitioners, trained in child development, self-esteem and learning theories facilitate sessions to gain personal outcomes for each participant.



Paediatric First Aid with Outdoors Course

Duration: 2 days | Cost: £110.00 | Dates: 27th November 2018 (8:30am - 5:30pm) and 29th November 2018 (8:30am - 5:30pm) | Lead Facilitators: Acorn Health and Safety | Location: Redcliffe

Audience: For those working with children in an outdoor setting

The course has been developed particularly to support staff members working with children in an outdoor environment as part of the forest schools initiative, extra time has been allocated for role play and simulation. Participants will develop a number of basic first aid skills and will be awarded an “Outdoor First Aid for Childcare” certificate, valid for 3 years.

Igniting Learning in the Outdoors

Duration: Half day | Cost: £40.00 | Dates: 8th May 2018 (9:15am - 12:15pm) | Lead Facilitators: Jeanette Hill (Acting Head) and Hugo Turvey (Teacher) | Location: Redcliffe

How can we create outdoor spaces that inspire young children? This session will focus on the outdoor environment and how we can stimulate rich and rewarding learning experiences for children. We will explore what makes the outdoors special, with a particular look at the type of environment that might help open-ended play and exploration.



Expressive Arts & Design

Duration: 1 day | Cost: £60.00 | Dates: 26th June 2019 (9:30am - 3:15pm) | Lead Facilitators: Anjali Lockett | Location: Redcliffe

Audience: All practitioners working with young children Foundation Stage (EYFS) practitioners working with 2 to 5 year olds.

This expressive arts and design study day will inspire and encourage practitioners to think, reflect and consider the following questions. How can we facilitate and provoke creative and critical thinking – including outside the setting and in the community? How do we open up children’s lines of enquiry through the resources we use?

What does a culture of “open” mathematics look like?

Duration: 3 half-days | Cost: £10.00 Booking Fee Only | Dates: 7th November 2018, 14th November 2018 and 21st November 2018 (9:15am - 12:15pm) for PVI and Nursery Schools or 7th November 2018, 14th November 2018 and 21st November 2018 (1:15pm - 4:15pm) for Reception and Year 1 | Lead Facilitators: Jeanette Hill, Michelle McCarthy (Maths SLE), Jane Redpath (Maths SLE), Emma Butcher (Maths SLE) | Location: Redcliffe

This course is about creating a culture of mathematical enquiry where young children can explore, think, and play in a positive and enabling space.

Using open ended wooden blocks to extend and enhance imaginative play

Duration: Half day | Cost: £40.00 | Dates: 13th March 2019 (9:15am - 12:15pm) | Lead Facilitators: Anjali Lockett | Location: Redcliffe

Details to follow. Please see our website.



Supporting the Achievement of Children with English as an Additional Language

Duration: 1.5 days | Cost: £85.00 | Dates: Friday 11th January 2019 (9:15am - 4:00pm) and Thursday 14th February 2019 (1:15pm - 4:00pm) | Lead Facilitators: Jet Davis (SLE) and Nuzhat Malik (SLE) | Location: St Pauls

Audience: Leaders, practitioners and teachers and support staff working in the Early Years Foundation Stage (EYFS) and KS1.

This 1.5 day course will support practitioners to consider the implications for children and families coming into their setting with none or very little English. We will explore cultural identity, self-esteem, language acquisition and learn practical strategies to ensure both children and families have a voice, all of which has impact on their achievement.

Interpreting British Values: “We have more in common than that which divides us”

Duration: 1 day | Cost: £60.00 | Dates: Friday 8th February 2019 (9:15am - 4:00pm) | Lead Facilitators: Cate Peel (SLE) and Nasrin Dahir (Somali Support Worker) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS) and KS1.

This one-day course will enable you to unpick what ‘British Values’ can look like in your school or EYs setting. We will explore some of the tensions that we are facing today around social justice, race equality and human rights. We will draw on links between the EYFS and the European Union Children’s Rights as well as current thinking in this area and the PREVENT duty.

Exploring Gender Stereotyping in the Early Years

Duration: 1 day | Cost: £60.00 | Dates: Friday 29th March 2019 (9:15am - 4:00pm) or Friday 24th May 2019 (9:15am - 4:00pm) | Lead Facilitators: Lucy Rae (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS) and KS1 in Primary Schools.

This training explores how gender stereotyping impacts on children’s sense of self and sense of others. Children are ‘coded’ by everything around them – the environment, language, cultural references and most influentially the adults. We will reflect on how it is possible to provide an environment that challenges the many stereotypes that exist, encourages children to explore who they are and discourages prejudice. The second part of this session will be an opportunity for you to share your own research that you will lead in your own setting.



Developing Strategies to Support Children’s Behaviour

Duration: 1 day | Cost: £60.00 | Dates: Friday 9th November 2018 (9:15am - 4:00pm) or Friday 1st March 2019 (9:15am - 4:00pm) | Lead Facilitators: Cate Peel (SLE) and Jet Davis (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS) and KS1 in Primary Schools.

This training will explore how to develop Behaviour for Learning with children in your classroom or Early years setting. There will be an opportunity to develop a toolkit of strategies that support and enable positive behaviour for all children.



Introduction to working with children with Special Educational Needs and Disabilities (SEND)

Duration: Half day | Cost: £10.00 Booking Fee Only | Dates: Tuesday 11th December 2018 (1:15pm - 4:00pm) or Thursday 28th February 2019 (1:15pm - 4:00pm) or Thursday 4th July 2019 (1:15pm - 4:00pm) | Lead Facilitators: Kate Hubble (SLE) and Gaby Simons (SLE) | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

Are you new to working with children with SEND? Do you offer 1:1 support for a child with SEND? Join us for this session where we will raise awareness of legislation, regulations and statutory guidance in relation to SEND, develop an understanding of a graduated response to identifying and supporting children with SEND, consider the importance of working in partnership with parents/carers, your setting's SENCo and other agencies, explore a range of practical strategies and resources that support the effective inclusion of children with SEND, and facilitate a practical Makaton taster session.



For full details of our courses and events, or to book online, visit <http://beytc.co.uk>.



Supervision Training

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 18th December 2018 (9:15am - 4:00pm) or Friday 10th May 2019 (9:15am - 4:00pm) | Lead Facilitators: Lucy Driver (NLE) and Michaela Willcox (SLE) | Location: St Pauls

Audience: All those leading or working in the EYFS in Nurseries or schools.

The Statutory Framework for the Early Years Foundation stage requires that providers must put appropriate arrangements in place for the supervision of staff who have contact with young children and families.

We will review understanding, policy, protocols and procedures for developing effective supervision in your EYFS setting/class teams. It will also explore some of the complexities of being an effective supervisor and some of the strategies to get the most out of your team in this role.

Using your Data to Narrow the Achievement Gap

Duration: 1 day | Cost: £60.00 | Dates: Friday 23rd November 2018 (9:15am - 4:00pm) or Friday 22nd March 2019 (9:15am - 4:00pm) | Lead Facilitators: Cate Peel (SLE) | Location: St Pauls

Audience: Leaders and teachers working in the Early Years Foundation Stage (EYFS).

This 1 day course will support practitioners and teachers to track children's progress more effectively, adapt provision and understand the significance of involving parents in young children's learning to improve outcomes for disadvantaged groups.

Developing your team: growing leadership potential

Duration: 1 day | Cost: £60.00 | Dates: Friday 7th June 2019 (9:15am - 4:00pm) | Lead Facilitators: Lucy Driver (NLE) | Location: St Pauls

Audience: Leaders and EYFS Co-ordinators working in the Early Years Foundation Stage (EYFS).

This 1 day course will offer you the opportunity to be self-aware about what you yourself bring to your team. It will support you to consider your team members as individuals and explore ways in which you can bring out the best of them to enable your whole team to move forwards.

Food for Thought: Developing Healthy habits for food and feeding

Duration: 1 day | Cost: £60.00 | Dates: Friday 14th June 2019 (9:15am - 4:00pm) | Lead Facilitators: Lucy Rae (EY Consultant) | Location: St Pauls

Audience: All those leading or working in the EYFS in Nurseries or schools including childminders.

This session looks at food and feeding practices in your setting and how to develop snack and mealtimes so that they support healthy habits. We will consider how to empower parents/carers to identify and make changes that benefit their children's health and wellbeing and that of the whole family.





Apprentice Support Programme

The Role of the Adult in Early Years (Session 1) - Wednesday 3rd October 2018 (4:00pm - 6:00pm)

Adult : Child Interactions (Session 2) - Wednesday 7th November 2018 (4:00pm - 6:00pm)

The Early Years Foundation Stage in a Nutshell (Session 3) - Wednesday 12th December 2018 (4:00pm - 6:00pm)

Effective Characteristics of learning (Session 4) - Wednesday 16th January 2019 (4:00pm - 6:00pm)

Developing your Apprentice (Session 5) - Wednesday 6th February 2019 (4:00pm - 6:00pm)

Observation and Planning (Session 6) - Wednesday 13th February 2019 (4:00pm - 6:00pm)

Duration: Evenings | Cost: £25.00 per Twilight or £120 for all six Twilights | Lead Facilitators: Jet Davis (SLE) | Location: St Pauls

Audience: All Apprentices working in the EYFS in Schools, Private, Voluntary and Independent Nurseries and Settings and Apprentice Mentors.

Many of us now rely heavily on Apprentices as part of our workforce. Training them up and getting them the right support can be a challenge.

This six-session Apprentice Support Programme will:

- Ensure that your Apprentices get some of the basics in good practice in the Early Years Foundation Stage
- Provide additional capacity to support and challenge your Apprentice
- Enable Apprentices to become part of a wider Learning Community, offering opportunities to reflect on learning, share successes and challenges
- Support your Apprentice MENTORS in the valuable role they play in skilling up our Early Years Workforce

Mindfulness for Stress Reduction

Duration: 8 evenings | Cost: £80.00 for the eight-week programme | Dates: Every Thursday, for eight weeks, starting Thursday 28th February 2019 (4:15pm - 6:15pm) | Lead Facilitators: Cate Peel (Accredited Mindfulness Trainer)

Audience: Leaders and teachers working in the Early Years Foundation Stage (EYFS).

Mindfulness is being proved to be an effective life skill to support individuals with health, stress reduction, relaxation and sense of wellbeing. Our health professions are turning to it to support people in tackling long term pain, trauma, anxiety or stress and our schools are now developing mindfulness with children in their classrooms as a response to supporting their mental health, wellbeing and achievement. This programme is designed particularly to support teachers and practitioners who are feeling stressed and will equip them with techniques to reduce the stress and learn how to self-regulate. All participant will receive a handbook to guide them through the programme and develop mindful techniques. Participants are asked to wear comfortable clothes for the sessions.

Perspectives of Outdoor Play - MA Education - in partnership with Bath Spa University

Cost: Price will depend on number of participants. Significantly discounted rate for 10+ | Dates: TBA - Please check our website for more information | Lead Facilitators: Lone Hattingh and Jeanette Hill

Course content is focused on early childhood, includes broad principles which can be applied more widely across ages (such as education for sustainable development and connecting to nature). For entry to the MA Education modules, you need to have an undergraduate degree. As this is an academic course, you do not need to be a teacher, or to have qualified teacher status. This is a 30 credit module at Master's level.



Pete Moorhouse

Pete Moorhouse is an Early Years creative consultant and artist educator. He is an honorary research fellow at the Graduate School of Education, University of Bristol researching creative and critical thinking in Early Years. Pete is an associate trainer for Early Education and delivers training both nationally and overseas. His work in school is centred around developing children's creativity and his practice is inspired by Froebellian principles and practice in Reggio Emilia. Pete is the UK's leading authority on woodwork in Early Years education and has written several books and journal articles.



Insights from Early Years Practice in New Zealand

Duration: 1 evening | Cost: £10.00 Booking Fee Only | Dates: Wednesday 6th March 2019 (4:00pm - 6:00pm) | Lead Facilitators: Pete Moorhouse | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

Pete Moorhouse will present a lecture on his research trip to New Zealand scheduled for January 2019. In 2018 Pete was awarded a Winston Churchill Memorial Trust ward to research early years practice in several countries especially in relation to creative and critical thinking and making. Pete will be attending an International conference at the Faculty of Education, Victoria University of Wellington looking at art and creativity in Early Childhood Education and will be visiting several early years settings in Auckland and Wellington. The talk will reflect on experiences and provide insight into Te Whāriki – the framework of principles that underpin pedagogy in New Zealand.

Introducing Woodwork in Early Years Education

Duration: 1 day | Cost: £100.00 | Dates: Wednesday 6th March 2019 (9:30am - 3:00pm) or Wednesday 5th June 2019 (9:30am - 3:00pm) | Lead Facilitators: Pete Moorhouse | Location: St Werburgh's Park

Audience: Leaders and teachers working in the Early Years Foundation Stage (EYFS).

This practical workshop will look at ways in which woodworking can be safely introduced in your early years setting. We will look at the theory and how woodwork meets many learning and development aspects of the EYFS. We will examine the historical context and look at examples from other countries that have been working successfully with wood for many years. Participants will explore the tools, gain confidence and share the experience of making creations in wood.

Learning from Reggio Emilia

Duration: 1 day | Cost: £60.00 | Dates: Tuesday 27th November 2018 (9:30am - 3:00pm) | Lead Facilitators: Pete Moorhouse | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

The Reggio Emilia approach is a world renowned educational philosophy originating from the preschools of Reggio Emilia in Northern Italy and was inspired by Loris Malaguzzi following the Second World War. Central to the philosophy is the importance of creativity and developing the child as a confident independent thinker. The Reggio approach is a body of pedagogical thought and practice – the result of many years of commitment to young children and their families and pedagogy builds on many previous educators such as Froebel, Dewey and Vygotsky. There are several aspects of the Reggio early years school system that stand out. Central is a powerful image of the child – strong, competent, and naturally curious about the world and capable of constructing their own learning.



Anna Ephgrave

Anna has been fascinated by babies and young children her whole life. She has volunteered in various capacities and also has ten years' experience as a foster parent. She has over 27 years' teaching experience, working for many years as an advanced skills teacher and most recently as an Assistant Head Teacher. She has led her Early Years' teams to four consecutive Outstanding grades from Ofsted. She promotes child-led learning in which children are given autonomy and respect. She now works as an independent author and consultant, supporting practitioners both in the UK and abroad. She has had four books published – Nursery, Reception and Year One in Action and, most recently, Planning in the Moment. Anna is also now spending a lot of time in Bristol looking after her granddaughter and supporting a local pre-school.



In the Moment Planning

Duration: 1 day | Cost: £80.00 | Dates: Friday 8th March 2019 (9:15am - 3:00pm) or Friday 17th May 2019 (9:15am - 3:00pm) | Lead Facilitators: Anna Ephgrave | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

This one-day course will give delegates a chance to reflect on the power of child-initiated play and how best to organise this. Delegates will explore how the deepest levels of involvement are seen during child-initiated play and how this indicates brain development.

During the session delegates will:

- Reflect what needs to be in place to support the highest quality of child-initiated play
- Consider how best to organise an environment to support each unique child as they pursue their own interests
- Understand the role of the adult during child-initiated play sessions (to observe, assess, plan and teach "in the moment")
- Explore how to minimise paperwork but maximise progress



For full details of our courses and events, or to book online, visit <http://beytc.co.uk>.



Julie Fisher

Julie Fisher is an independent Early Years Adviser and Visiting Professor of Early Childhood Education at Oxford Brookes University. She held the post of Early Years Adviser in Oxfordshire for 11 years, before which she was lecturer in early childhood education at the University of Reading. She has taught children from 3 to 12 years and has been headteacher of two urban, multi-cultural schools.

To underpin her consultancy work, Julie draws on her own research projects which engage her in constant contact with practitioners and children in both schools and settings. She is author of numerous articles on early childhood education as well as her books *Starting from the Child* (2013-now in its 4th edition); *The Foundations of Learning* (2002); *Moving On to Key Stage One* (2010) and her recent best-selling book *Interacting or Interfering?* (2016). Julie has recently won the coveted Nursery World Lifetime Achievement Award for her contribution to early childhood education.



Interacting or Interfering?

Duration: 1 day | Cost: £100.00 | Dates: Tuesday 29th January 2019 (9:15am - 4:00pm) or Friday 28th June 2019 (9:15am - 4:00pm) | Lead Facilitators: Julie Fisher | Location: St Pauls

Audience: Leaders, practitioners, teachers and support staff working in the Early Years Foundation Stage (EYFS).

Every day, early years practitioners engage in interactions with young children that have the potential to enhance their learning. However, such is the temptation to squeeze every teaching moment out of each interaction that practitioners often interrupt children's thinking and consequently interfere with their learning. This course will examine the knowledge, timing and sensitivity necessary to interact effectively. Through the extensive use of DVD footage delegates will have the opportunity to explore the role of the practitioner in both adult-led and child-led situations, providing opportunities to reflect on how to tune in to children's current thinking and how to respond in ways that are of benefit to learning and development.

Issues addressed:

- Differing views of the child as a learner – affecting the way we view the role of the adult
- Creating environments that stimulate thinking, talking and learning
- Knowing the child well, their family and their communities – and how this enhances relationships and conversations
- Tuning in to the child – in order to have the right starting place for supporting learning
- Maintaining the learning momentum – how to follow children's interests and use these as vehicles for learning
- Questioning - how it can inhibit thinking – and what to do instead
- Personal qualities and attributes – knowing ourselves, and what we need to know, in order to understand the relationships we make



Lucy Driver

Lucy Driver is a National Leader of Education, Headteacher and leads the Bristol Teaching School Alliance. She has been working as a Headteacher, for 20 years in urban, integrated EYs settings and Nursery Schools. Lucy has worked as an Early Years Consultant, Advisory Teacher and Trainer and has led large diverse teams. She has great expertise in emotionally intelligent leadership, systems leadership, coaching and supervision. She is also trained to develop teams in the 'Thinking Environment' and is a qualified Workplace Mediator. Lucy draws from her experience, and the consistently outstanding and innovative practice that has been developed in her own school and other alliance partner schools in all her training. She is passionate about creativity, equalities, authentic leadership, time to think and the power of personal histories.



Mediation in the Workplace

Conflict in the workplace can often quickly escalate and cause considerable cost to your school/setting/organisation. Mediation is an effective framework to move people forward from their conflicts to some positive solutions. It can address performance, re-energise commitment and ambition and bring out the best in previously quarrelling teams if handled correctly.

Workplace mediation typically relates to a breakdown in an existing relationship between two or more colleagues. The aim isn't just to find a solution to the immediate problem, but to get the parties to find a resolution that will restore a good working relationship so that they – and their organisation – can get on with doing.

Lucy can offer Mediation in your setting, working with 2 staff members or groups of staff who need to resolve a conflict. She will work with them individually and then together, following a format which will keep them held safe through the process.

Lucy also works closely with other experienced Mediators, who she may draw on to offer additional support to the sessions.

To book Workplace Mediation Support please contact Lucy directly at lucy.driver@bristol-schools.uk.





National Study Days

Book on to one of our bespoke study days. This is a hugely popular form of professional development and both our National Teaching Schools have welcomed visitors from all over the UK and beyond.

During a Study Day you can:

- Have a tour of the Centre and get involved in what we are doing
- Discuss in a relaxed atmosphere any topics of your choice with up to 3 members of staff who will be available to you throughout the day
- Engage in reciprocal provocative learning conversations in an inclusive environment
- Have time to explore our documentation, policies and practice

Staff at both Redcliffe and St Pauls are highly qualified and experienced, they lead professional development for others in the authority and nationally. As National Teaching Schools we also have particular expertise in Research, Leadership Development, Initial Teacher training and have developed interesting models of collaboration with the Local Authority as partners in School Improvement.

Check out our websites to get a flavour of our areas of expertise.

www.stpaulschildrenscentre.co.uk
and www.redcliffechildrenscentre.co.uk

Contact St Pauls to arrange a date suitable for you and your team.

Please note we have limited availability for large groups (over 10 people) this year.

The cost of the day is £70 per person including an information pack, and refreshments. Group rates are available.



National and International Study Tours

We have plenty of experience of hosting study tours for groups of up to 16 people. Recently we have hosted groups of Early Years Teachers from China for a one-week International Study Tour, and colleagues from Wales.

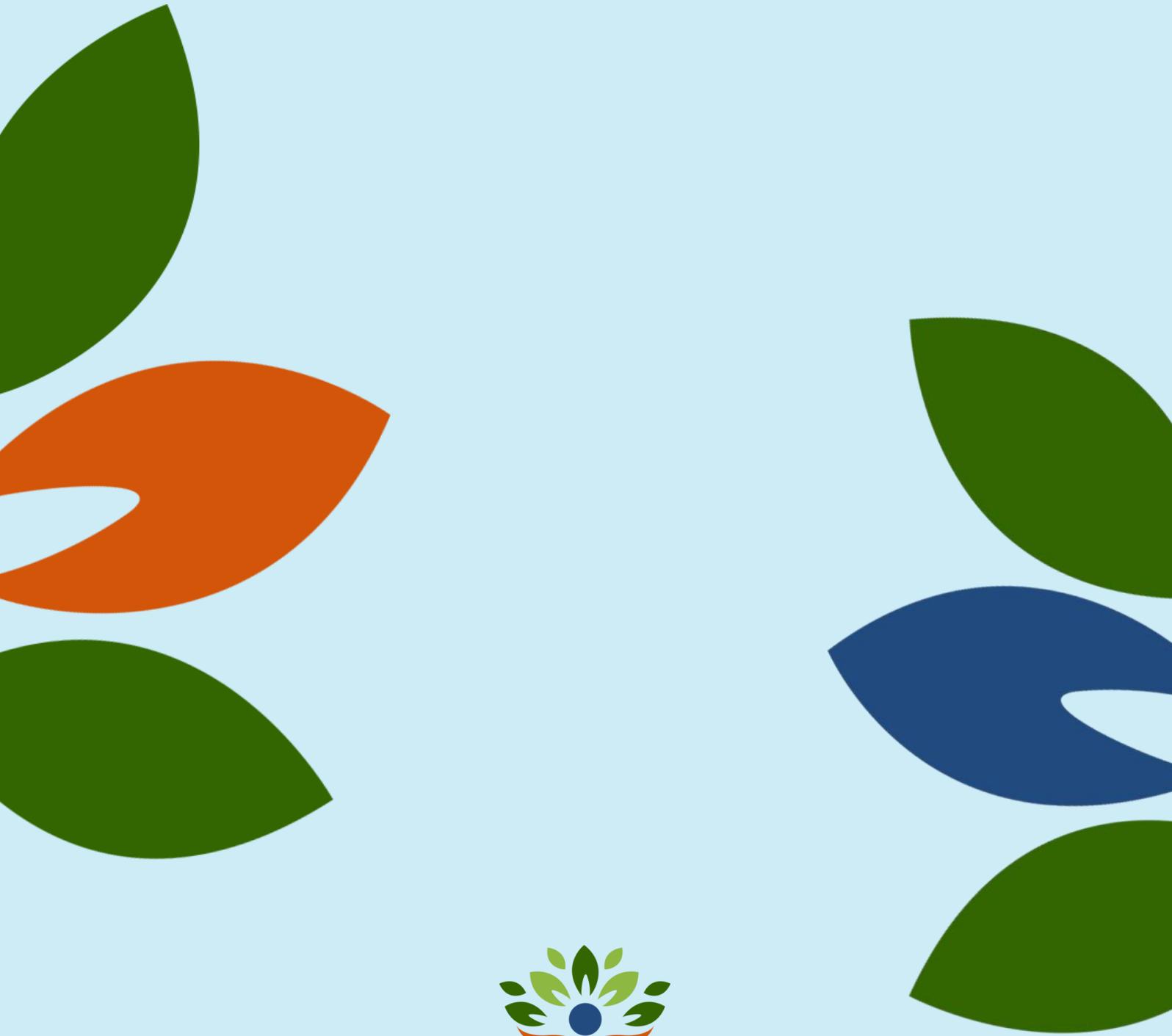
A study Tour will be designed to meet your needs but could include:

- Immersion days, shadowing staff and observing practice
- Opportunities to reflect on new learning and bridge theory into practice
- Taught CPD sessions
- Discussion Groups and shared reading
- Visits to some or all 11 Bristol Nursery Schools – all leading in EYs Pedagogy and innovation

If required, we can also arrange accommodation, and guides for the historic and picturesque city of Bristol. Recommendations and endorsements can be supplied on request. Contact St Pauls to arrange a date suitable for you, please note we will need at least 8 weeks notice to plan a study tour to meet your needs.

Average cost of £130 per day per person, which would include CPD, visits and transport to settings across Bristol, publications and documentation, food and refreshments. Package will be costed individually based on requirements and numbers.

For full details of our courses and events, or to book online, visit <http://beytc.co.uk>.



Bristol Early Years
Teaching School Alliance

<http://beytc.co.uk>



St Pauls
Nursery School & Children's Centre

